

ST. PAUL'S EVANGELICAL LUTHERAN CHURCH

Church Office Number: 885-2221

Pastor Nathan Peitsch

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JULY/AUGUST 2020

Brothers and sisters in Christ,

Lately we have become especially aware of the need to pay attention to our health and fitness. Measures have been encouraged for social distancing ourselves to prevent the spread of COVID-19. Increased hygiene practices like hand washing have been encouraged to protect us from the virus. Some have taken up indoor athletics and aerobics to stay in shape while maintaining social distance. And I have to say I've lost track of the number of times I've seen or heard someone talking about the latest healthy food they are trying out at home.

We have become very aware of our own physical health and wellness. And have taken all sorts of measures to maintain or improve that health. But how much attention do we pay to our spiritual health? It can be easy for us to get distracted by all that is going on in our lives and forgot to care for our spiritual health and well-being. Even though your spiritual state is just as important as your physical health and it has an eternal impact on our lives.

God encourages us to be mindful of our spiritual health, encouraging exercise. St Paul writes in 1 Corinthians,

“But I discipline my body and keep it under control, lest after preaching to others I myself should be disqualified.” - 1 Cor. 9:27

Paul encourages spiritual discipline or spiritual exercise. There are all sorts of helpful spiritual disciplines that are good for us to practice so we can stay spiritually fit. One such practice is the daily discipline of devotional time. I pray that throughout the stay-at-home order you were setting aside time in your day for Scripture reading and prayer, even if it was just on Sunday's after our live-stream service. And it is my fervent prayer that that discipline, that exercise in faith, would continue as things begin to open back up and perhaps some of

you start venturing forth from your homes once again.

While this sort of spiritual exercise is important, it isn't the only thing we as Christians ought to be doing to keep up our spiritual health. Just as we are encouraged to social distance and avoid germs so also are we encouraged to distance ourselves from sin and temptation. Earlier in his same letter to the Corinthians, St Paul encourages us to “Flee from sexual immorality” -1 Cor. 6:18. He tells us to run away from it, and in this same chapter St. Paul warns against drunkenness, greed, theft, idolatry, and much more. We are encouraged to protect ourselves against these temptations. And what better protection than what St. Paul lists in Ephesians 6, the full armor of God, which we wear by faith in the Son of God, who died for us and rose again.

It doesn't stop there, though. Just as we have been encouraged so adamantly to practice proper hand washing, St Paul again in 1 Corinthians reminds us that we were washed:

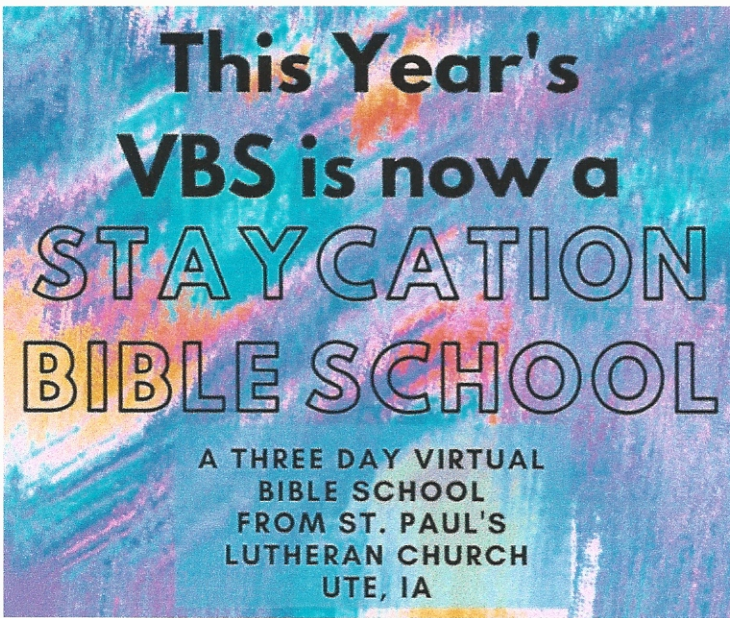
“But you were washed, you were sanctified, you were justified in the name of the Lord Jesus Christ and by the Spirit of our God.” -1 Cor. 6:11

You were washed in the waters of Holy Baptism. Your sins were washed away and you were made clean and holy before God.

So even as you work in various ways to maintain your physical health, don't neglect your spiritual health. Continue to pray, fill yourself with a healthy diet of God's Word and prayer. Remember your baptism and how you were washed through the sanctifying work of the Holy Spirit. Continue to exercise the muscles of faith that you may be fit to be called God's beloved child.

May He continue to be with you through these trying times,

Pastor Nathan Peitsch



Monday, July 20 - Wednesday, July 22

Due to the rise in COVID-19 activity, the Board of Education has decided to move our VBS to a virtual format. We know that this has been an exhausting time for families and so we planned this to be as easy on you as possible, while still having the VBS fun.

A video containing music, memory verse learning, a Bible lesson, and story time will premiere on our Facebook page at 9am each day of our Staycation Bible School. These will be available to view anytime after 9am, so feel free to watch it when it fits in your schedule. Optional activity pages will be included as well for deeper exploration of the theme.

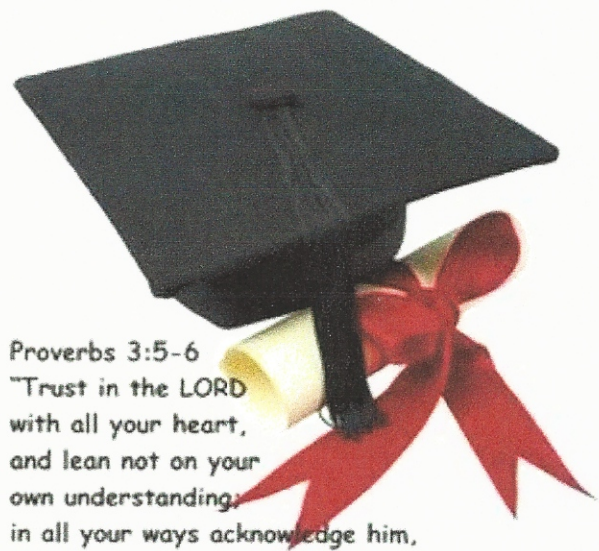
Linked in the description and comments of each daily video is the craft video. Local residents (within 15 miles of Ute) can have a craft and activity packet dropped off at their house or can pick up at the church. More information regarding that is found on the registration form. Please register by Thursday, July 16 if you would like to be on the list for the craft supplies. If you are from further away, you can still join in the fun! Activity pages and craft supplies lists will be available for download from our Facebook event page after July 1st.

Register by filling out the online form on our facebook page: www.facebook.com/stpaulsute or call the church (712) 885-2221.



We would like to Congratulate our
2020 High School Graduates

- Landon Mohr - MVAOCOU High School
- Colin Mordhorst – Boyer Valley High School
- Kade Ohlmeier - MVAOCOU High School
- Cody Rosburg - MVAOCOU High School



Proverbs 3:5-6
"Trust in the LORD
with all your heart,
and lean not on your
own understanding;
in all your ways acknowledge him,
and he will make your paths straight."

FROM STEWARDSHIP:

In these unprecedented times of pandemic, please don't forget your monetary gifts to support St. Paul's Lutheran Church.

If you are a customer of the Community Bank, you can do one of the following actions:

1. Call the bank for a recurring debit from your checking account into the church account. This can be done for any amount and will recur for the span of time you would like to give, for example, every Friday or every first of the month. Community Bank will send you a form to sign to confirm this request, but your debit can be taken immediately. If you choose to suspend this contribution, you are responsible for contacting the Community Bank.
2. Call Community Bank in Ute and request a one-time transfer from your Community Bank checking account to St. Paul's Lutheran Church. Actions 1 and 2 can only be done for Community Bank customers.
3. Make out a check or give cash; put it in an envelope with St. Paul's Lutheran Church, Ute, Iowa written on the outside and deliver it to the bank if they are open, drop it in the night deposit, or mail it to any Community Bank branch. You can be a customer at any institution and give this way.

Community Bank
 131 East Main St.
 Ute, Iowa 51060
 Ph: 712-885-2275

Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. Philippians 4:6

SPECIAL MISSION PROJECT

Please remember our Special Mission Project for 2020, Carl & Kelsey Grulke and family, who are serving in Botswana with Lutheran Bible Translators. In Pastor Grulke's newsletter he asks that we

PRAY for the missionaries and their families and the translators and their projects

GIVE to support their ministry

TELL to raise awareness of Lutheran Bible Translators.



"THY STRONG WORD"

Thy Strong Word is a 5 min. daily devotional message given by LC-MS pastors of the Denison area and sponsored by area congregations including St. Paul's. It is aired at 6:25 a.m., Mon.-Sat. on KDSN, FM107.1

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| July 6-11 | Rev. Chad Trunkhill
Bethlehem/Our Savior |
| July 13-18 | Rev. Richard Merrill
Multi-Point, Charter Oak |
| July 20-25 | Rev. Nathan Peitsch
St. Paul's, Ute |
| July 27-Aug 1 | Rev. Mark Kluzek
Faith, Deloit/St. John, Kiron |
| August 3-8 | Rev. Josh Keinath
Zion, Denison |
| August 10-15 | Rev. Merle Mahnken
Immanuel, Schleswig |
| August 17-22 | Rev. Chad Trunkhill
Bethlehem/Our Savior |
| August 24-29 | Rev. Richard Merrill
Multi-Point, Charter Oak |
| Aug 31-Sept 5 | Rev. Nathan Peitsch
St. Paul's, Ute |

GOOD SHEPHERD HOUR

This program is a 1/2 hour worship service heard on Sioux City, KSCJ, 1360 AM, at 8:00 am.

MAIN STREET LIVING

Main Street Living is a television ministry of the Lutheran churches of Missouri-Synod and of the Iowa West District. The worship service is on Sundays at 10 am on channel 9 KCAU, the ABC Network from Sioux City.

NEWSLETTER SPONSORS

Thank you to Bill and Jeanette Urwiler for sponsoring the newsletter this month in honor of their birthdays and their 58th wedding anniversary.

Please contact the office if you'd like to sponsor the newsletter. The cost is \$37.



BAPTISMAL BIRTHDAYS FOR JULY/AUG.

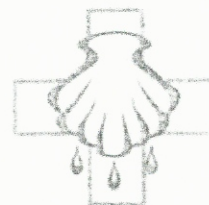
We are listing Baptismal birthdays to remember and celebrate the day we were adopted into the family of God through the washing of the Holy Spirit. Those having Baptismal birthdays are:

July Baptismal Birthdays:

Bette Amunson	2
Kellen Anderson, Debra Nutt,	7
James Thies	
Teagyn Greder	10
Deanne Hanson	11
Nathan Mohr	13
Nina Hull	16
Doris Thompson, Jase BeBout	17
Phillip Hinds	20
Elizabeth Jones	21
Brook (Bretthauer) Shufflebarger	22
Terri Mohr	23
Derek Meadows, Nicholas Meadows,	26
Jasmine Schaffer	
Dorothy Gust	29
Kenneth Amunson, Gordon Carritt,	30
Brittany Christiansen	

August Baptismal Birthdays:

Larry Meadows, Theodore Nutt	1
Thomas Sorensen	2
Ashley Ewoldt, Herman Neddermeyer Jr.,	3
Macie Rubida	
Bill Creese	6
Ramona Pithan	7
Pastor Nathan Peitsch	8
Brock Nelson, Melissa Josephsen	10
Shawn Goslar	15
Terry Watke	16
Tadd Eneboe, Christopher Thies	17
Michael Mordhorst	18
Kristal Mordhorst	19
Henry Buschmann Jr.	23
Jacquelin Marth, Joyce Mordhorst,	25
Harvey Thies, Henry Mohr	
Tanis Watke	26
Katie Schaffer	27
John Greder, Brynn Leitz	28
Karen Koch, Judy Meadows	29
Jerod Thies	30
Becky Mordhorst	31



PLEASE GIVE US A CALL

- before going to the hospital
- birth of your baby
- death in the family
- making wedding plans
- address and name changes
- private communion